

# Associate in Arts & Sciences with an Emphasis in Health & Physical Education (DTA)

TRANSFER DEGREE

Option C

2012-2013 Degree Requirements

## Communication (10 credits in English, plus 3 credits in Communication Studies)

Course	No.	Course Title	Credits	Qtr. Completed	Comments/Substitution
ENGL&	101	English Composition I	5		
ENGL&	102	Composition II <i>or</i>	5		
ENGL&	235	Technical Writing	5		
CMST	101	Speech Essentials <i>or</i>	3		
CMST	110	Communication Behavior <i>or</i>	3		
CMST&	210	Interpersonal Communication <i>or</i>	5		
CMST&	220	Public Speaking <i>or</i>	5		
CMST	260	Multicultural Communication	5		
<b>Subtotal</b>			<b>13</b>		

## Math Proficiency (Intermediate Algebra Proficiency Requirement)

Must do one of the following:

- Pass intermediate Algebra MATH 095 or MATH 098 with a 2.0 grade or higher
- Pass a math class that has an Intermediate Algebra prerequisite
- Place into MATH& 107 *or* any MATH course 113 or above via placement test

## Quantitative/Symbolic Reasoning

Choose one class from the Quantitative Reasoning *or* Symbolic Reasoning courses.

Course	No.	Course Title	Credits	Qtr. Completed	Comments/Substitution
<b>Quantitative Reasoning</b>					
MATH&	107	Math in Society <i>or</i>	5		
MATH&	141+	Precalculus I or above (except MATH& 171) <i>or</i>	5		
MATH	147	Finite Math (Recommended) <i>or</i>	5		
<b>Symbolic Reasoning</b>					
CS	102	Visual Basic 1 <i>or</i>	5		
CS&	131	Computer Science I C++ <i>or</i>	5		
CS	162	C++2 <i>or</i>	5		
CS	202	Visual Basic 2 <i>or</i>	5		
PHIL	121	Symbolic Logic	5		
<b>Subtotal</b>			<b>5</b>		

## Humanities\*

Course	No.	Course Title	Credits	Qtr. Completed	Comments/Substitution
<b>Subtotal</b>			<b>15</b>		

## Social & Behavioral Science\*

Course	No.	Course Title	Credits	Qtr. Completed	Comments/Substitution
<b>Subtotal</b>			<b>15</b>		

## Mathematical & Natural Science\*

Course	No.	Course Title	Credits	Qtr. Completed	Comments/Substitution
CHEM&	121	Intro to Chemistry w/ Lab <b>or</b>	5		
CHEM&	161	General Chemistry I w/ Lab <b>or</b>	5		
BIOL&	160	General Biology w/ Lab <b>or</b>	5		
BIOL&	211	Majors Cellular w/ Lab <b>or</b>	5		
BIOL&	241	Human A&P 1 w/ Lab	6		

**Subtotal 15-16**

## Health & Physical Education

One of the required electives will satisfy this three-credit requirement.

Course	No.	Course Title	Credits	Qtr. Completed	Comments/Substitution
			3		

**Subtotal 3**

## Electives

Select from the following list. Not every course is required; please consult the department advisor for more information.

Course	No.	Course Title	Credits	Qtr. Completed	Comments/Substitution
BIOL&	242	Human A&P 2 w/ Lab	6		
PEC	180	Care & Prevention of Athletic Injuries	3		
PEC	182	Care & Prevention of Athletic Injuries II	2		
PEC	1821	Care & Prevention of Athletic Injuries II Lab	1		
PEC	183	Athletic Training Internship	2		
PEC	1831	Athletic Training Internship Lab	1		
HE	160	Diet, Exercise and Weight Control	2		
HE	170	Health and Wellness	3		
HE	171	Exercise Prescription	2		
(Recommended-BIOL& 241 and BIOL& 242)					
HE	1711	Exercise Prescription Lab	1		
PE	180	Adaptive Physical Education	2		
(Recommended-BIOL& 241 and BIOL& 242)					
PE	1801	Adaptive Physical Education Lab	1		
HE	210	Sports Nutrition	3		
HE	215	Health and Fitness for Life	2		
HE	2151	Health and Fitness for Life Lab	1		
HE	220	Drugs and Health	3		
HE	232	Sports Psychology	3		
HE	240	Stress Management	3		
HE	250	Sports Management	3		

**Subtotal 33-45**

**Total Credits Required 99-111**

Minimum grade per courses 1.0.

\*Course selections must also meet the distribution requirements for the AA degree.

In addition to the above required coursework, it is extremely important to stay in close contact with your faculty advisor within the Health Education department.